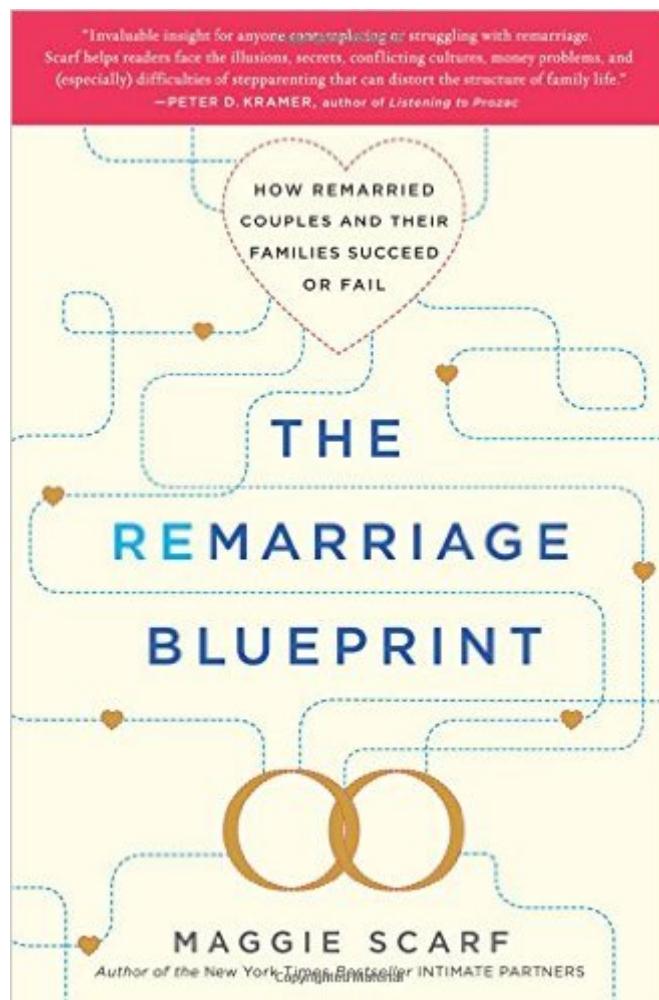


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# The Remarriage Blueprint: How Remarried Couples And Their Families Succeed Or Fail



## Synopsis

A New York Times bestselling relationship expert shares stories of seven remarried couples and explains the unique challenges these families face and how anyone can bypass roadblocks to lasting intimacy and enjoy a happy home life: A compelling book that can serve anyone looking to tie the knot once more. (Kirkus Reviews). It's estimated that 40 percent of new marriages in the US are remarriages, but the survival rate of second marriages is alarmingly low. Many remarrying couples set out with a sense of optimism, a belief that this marriage will usher in a life of happiness and unity but complicated family dynamics can often strain new partnerships to the breaking point. The challenges of remarriage are pervasive, but little guidance has existed until now. Based on more than a decade of candid, revelatory interviews, *The Remarriage Blueprint* provides a crucial explanation of the obstacles to remarriage and the secrets to overcoming them. Author Maggie Scarf, a consummate relationship expert, plumbs the everyday workings of shared life to illuminate the emotional preconceptions, social pressures, and perpetuated fantasies that confound remarriage. Through cautionary tales and stories of hope, Scarf offers guidance for handling everything from children who reject the new family dynamic to the thorny issue of money. Loaded with practical wisdom and searing accounts, *The Remarriage Blueprint* is an extremely helpful book on a topic that receives too little attention. (Peter D. Kramer, Clinical Professor of Psychiatry and Human Behavior at Brown University and author of *Listening to Prozac*).

## Book Information

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## Customer Reviews

This book is absolutely essential for anyone entering a second marriage/relationship after kids or into a relationship with someone who has been divorced and has kids. I am a therapist as well as in a relationship with someone who has kids from a previous marriage and I found all the information extremely helpful in my life and my work. Ms. Scarf is absolutely right in her assertion that most couples beginning a relationship do not consider the dynamics of how that relationship will function as a new family. Often little to no thought is given to how the new person will fit into the existing family dynamics, and expectations like instantly loving a partner's children while common are certainly not realistic. I gave this book to my boyfriend to read after I was finished with it, because it definitely helped me understand what we were experiencing. While not the drastic, glaring problems with communication that many of the couples highlighted in the book faced, they were still important things to address. It was also very interesting to see the couples many years later, whether their relationships had succeeded or failed.

There is no other book like this out there. All of the issues we had trying to make a new family with my kids and boyfriend were addressed. Who knew our problems were textbook?! Wish I had this years ago. It would have changed our lives.

The Remarriage Blueprint combines clear facts on the challenges faced by remarrying couples, with really interesting stories of real life couples-I could relate to a lot of what the couples were going through. Great Read!

Remarried 8 yrs. myself, I learned a lot! I recommend this to everyone embarking on or already in that triumph of hope over experience we know as remarriage. Thank you, Maggie Scarf and her mentor Patty Papernow!

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